

Curriculum Vitae
Sheila Mansell, Ph.D., Registered Psychologist
Calgary, AB, Canada



Over fifteen years of experience in the areas of counseling, assessment, consultation, presentations, and research in academic, private practice, and agency settings. In 1997 I completed a doctorate of philosophy in Counseling Psychology in the Department of Educational Psychology at the University of Alberta. During my graduate studies I received numerous scholarships including a Social Sciences and Humanities Research Council Scholarship. I was a researcher for the Abuse and Disability Project for seven years and co-authored and published research articles and presented papers at several conferences in the UK, USA, Canada, Norway, and Israel. I have been registered in Alberta since March 1997 and I previously served as an oral examiner with the College of Alberta Psychologists. I am a private practitioner and director of Mansell Psychological Consulting Inc. and I provide specialized sexuality, mental health and educational assessments and consultation and counseling services for people with developmental disabilities.

Counseling, Consulting and Research Experience

October 2011 to Present: **Senior Clinical consultant** to the Launch program at the Ability Hub (Sinneave Family Foundation). Providing clinical and research consultation to Launch clinical consultation centre for lifespan planning for adolescents and adult with Autism Spectrum Disorders.

January 2009 to present: **Psychological Consultant** to the Triage Placement Committee for Family Supports for Children with Disabilities in Calgary. Providing consultation for long term residential placement for complex children.

January 2008 to present: **Psychological Consultant to** Family Supports for Children with Disabilities in Calgary. Providing psychological consultation to children with complex needs and their families and support systems.

November 2007 to July 2011: **Psychological Consultant** to the Multidisciplinary Team for Family Supports for Children with Disabilities in Calgary. Providing consultation and recommendations to the FSCD director pertaining to specialized services for children and their families.

September 2006 to 2010: **Psychologist** providing intellectual and adaptive functioning assessments to the Elves Special Needs Society in Edmonton.

February 2005 to December 2007: **Psychological Consultant** to the Multidisciplinary Team for Family Supports for Children with Disabilities in Edmonton. Providing consultation and recommendations to the FSCD director pertaining to specialized services for children and their families.

August 2004 to June 2007: **Clinical Consultant** to WJS Alberta Ltd. Consultant to behavioral consultant, assisting with medication review for restrictive procedures committee, providing staff

training, presentations on dual diagnosis related subjects, and consultation regarding mental health issues with clients with developmental disabilities.

July 2004 to present: **Consulting Psychologist** Arnika Centre for Dual Diagnosis in Calgary, Alberta. Providing dual diagnosis assessment, consultation, and developing treatment plans for adults with developmental disabilities on a multidisciplinary team.

September 1998 to July, 2004: **Consulting Psychologist**. Consulting Services (Edmonton Public Schools). Providing school based behavioural consultation, inservices, and assessment services to children with developmental disabilities.

February 1998 to August 1998: **Psychologist** Catholic Social Services, Family Services Department. I provided counseling to individuals, couples, families, and groups.

November 1990 to October 1997: **Research Associate and Consultant**. Dept. of Educational Psychology at the University of Alberta, Abuse and Disability Project, J. P. Das Developmental Disabilities Centre. Research, manuscript review, publishing, consulting, and presenting at workshops and conferences. I provided counseling, consultation/educational services, and conducted assessments for clients with developmental disabilities.

May 1990 to August 1990: **Counselor** Sexual Assault Centre of Edmonton (Counseling/Crisis Intervention Program). Counseled clients and worked with volunteers and revised the Centre's training manual.

May 1988 to August 1988: **Research Assistant** Social Services Department, Charles Camshell General Provincial Hospital. Developed and conducted a patient satisfaction survey and wrote summary report.

Education

Doctorate of Philosophy September, 1997: Completed Ph.D. in Counseling Psychology in the Educational Psychology Department at the University of Alberta. Received supervised practica at University of Alberta's Education Clinic, Workers' Compensation Board Rehabilitation Centre, and Community Behavioral Services. I completed a 1600 hour supervised internship that involved providing individual and group therapy services. I developed and conducted two groups on sexuality and boundaries and personal safety and co-facilitated a Professional Development Series with Calgary SCOPE Society.

Master of Education November 1993: Graduated from the University of Alberta with a specialization in Counseling in the Department of Educational Psychology.

Bachelor of Arts June 1991: Graduated from University of Alberta with specialization in psychology and minor in sociology.

Fellowships and Scholarships

Community Partner Award Prospects Calgary, Alberta

J Gordin Kaplin Graduate Award

Social Sciences and Humanities Research Council Scholarship (SSHRC)

Walter H. Johns Scholarship

Surrey Place Centre Foundation Scholarship

Province of Alberta Ph.D. Fellowship

Professional Memberships

Psychologists' Association of Alberta (PAA)

College of Alberta Psychologists (Registered Psychologist) (CAP)

National Association for the Dually Diagnosed (NADD)

Academic Review and Editorship

January 2001 to January 2002: Co-Editor (with Rauno K. Parilla, Ph.D.) of the **Developmental Disabilities Bulletin**.

July 1997 to January 2001: Consulting Editor (Editor: Steven J. Taylor, **Mental Retardation** (An official publication of the American Association on Mental Retardation). Peer reviewed manuscripts for Mental Retardation.

February 1995 to April 1998: Peer reviewer (Editor: Dr. Dick Sobsey) for the **Developmental Disabilities Bulletin**.

Publications

Mansell, S. & Baladerian, N. (2012). Sexual abuse in People with Disabilities: Current status and essential issues. In P. Speck (Ed.) *Sexual Assault Victimization Across the Lifespan, Second Edition Guide*.

Mansell, S. (2002). Providing therapy services to people who have been sexually abused. *The NADD Bulletin*, 5,3 , 43-48.

Mansell, S., & Sobsey, D. (2001). Counseling People with Developmental Disabilities who have been Sexually Abused. National Association for the Dually Diagnosed. Kingston, NY.

Truscott, D., Evans, J., & Mansell, S. (2000). Outpatient psychotherapy with dangerous clients: A model for clinical decision making. In D. N. Bersoff (Ed.) *Ethical conflicts in psychology*. Washington, DC, American Psychological Association. (reprinted from *Professional Psychology: Research and Practice*, (26), 484-490).

Mansell, S., Sobsey, D., & Moskal, R. (1998). Clinical findings among sexually abused children with and without developmental disabilities. *Mental Retardation*, 36 (1), 12-22.

Mansell, S., Sobsey, D., Wilgosh, L., & Zawallich, A. (1997). Sexual abuse patterns and treatment interventions for children with disabilities. *International Journal for the Advancement of Counselling*, (19)3, 1-10.

Sobsey, D., & Mansell, S. (1997). Teaching people with disabilities to be abused and exploited: Blaming the victims of abuse. *Developmental Disabilities Bulletin*, Spring issue.

Mansell, S. (1996). Considerations for providing therapy to people with developmental disabilities who have been sexually abused. Conference proceedings for the 13th Annual Conference for the National Association for the Dually Diagnosed. Held in Vancouver, BC on November 13-16. (Eds.) R. Friedlander and D. Sobsey. (pp. 275-282.)

Mansell, S. (1996). Effects of sexual abuse in children with and without developmental disabilities. Conference proceedings for the 13th Annual Conference for the National Association for the Dually Diagnosed. Held in Vancouver, BC on November 13-16. (Eds.). R. Friedlander and D. Sobsey. (pp. 289-294).

Mansell, S., & Sobsey, D. (1996). (Eds.). *The Aurora Project: A therapy handbook for people with developmental disabilities who have been sexually abused*. Joseph P. Kennedy Jr. Foundation, Washington, DC and Health Canada.

Mansell, S., & Sobsey, D. (1996). (Eds.). *The Aurora Project: A therapy manual for people with developmental disabilities who have been sexually abused*. Joseph P. Kennedy Jr. Foundation, Washington, DC and Health Canada.

Truscott, D., Evans, J., & Mansell, S. (1995). Outpatient psychotherapy with dangerous clients: A model for clinical management. *Professional Psychology: Research and Practice*, (26)5,484-490.

Mansell, S., Sobsey, D., & Wilgosh, L. (1995). Sexual abuse of children with disabilities: Dimensions of prevention, intervention and treatment. *International Journal for Special Education Proceedings XXII Tromsø Seminar in Medicine: Children, Sexuality and Abuse*.

Sobsey, D., Wells, D., Lucardie, R., & Mansell, S. (Eds.) (1995). *Violence, Abuse, and Disability: An Annotated Bibliography*. Baltimore: Paul H. Brookes.

Sobsey, D., & Mansell, S. (1994). Sexual abuse patterns of children with disabilities. *Proceedings XXII Tromsø Seminar in Medicine: Children, Sexuality and Abuse. International Journal for Children's Rights*, 2, 96-100.

Sobsey, D., & Mansell, S. (1994). An international perspective on patterns of sexual assault and abuse of people with disabilities. *International Journal of Adolescent Medicine and Health, Special issue: Sexuality and Disability in Adolescence and Beyond*, 7(2), 153-178.

Mansell, S., & Sobsey, D. (1994). Healing the consequences of abuse. In Dick Sobsey (Ed.), *Violence and abuse in the lives of people with disabilities: The end of silent acceptance?* (pp. 331-346). Baltimore: Paul H. Brookes.

Mansell, S., & Sobsey, D. (1993). Therapeutic issues in healing the sexual abuse of people with developmental disabilities. *Sexological Review*, 1(2), 139-159.

Sobsey, D., & Mansell, S. (1993). Preventing abuse of people with developmental disabilities. In M. Nagler (Ed.) *Perspectives on Disability 2nd Ed.* Palo Alto, CA. Health Markets Research. (pp. 283-292)(Reprinted from the *Developmental Disabilities Bulletin*, 18(2), 51-66. (DDB).

Sobsey, D., & Mansell, S. (1993). Preventing abuse of people with developmental disabilities (Part 2) *Network*, 2(3), 8-17. (Also reprinted from DDB).

Sobsey, D., & Mansell, S. (1992). Preventing abuse of people with developmental disabilities (Part 1) *Network*, 2(2), 8-15. (Also reprinted from DDB).

Sobsey, D., & Mansell, S. (1992). Teaching people with disabilities to be abused and exploited: Blaming the victims of abuse. *Active Treatment Solutions*, 3(4) 1, 7-11.

Mansell, S., Sobsey, D., & Calder, P. (1992). Sexual abuse treatment for persons with developmental disabilities. *Professional Psychology: Research and Practice*, 23(5), 404-409.

Sobsey, D., Mansell, S., & Wells, D. (1991). *Sexual abuse of Children with Disabilities & Sexual Assault of Adults with Disabilities: Prevention Strategies.* Report submitted to Health and Welfare Canada (Project number 6609-1597-FV).

Sobsey, D., & Mansell, S. (1990). Prevention of sexual abuse in people with developmental disabilities. *Developmental Disabilities Bulletin*, 18(2), 51-66.

Book Reviews

Mansell, S. (2001). Review of *Doing What Comes Naturally? Dispelling Myths and Fallacies about Sexuality and People with Developmental Disabilities* by Orieda Horn Anderson (2000). High Tide Press, Homewood, IL. In *Mental Retardation*.

Mansell, S., & Kabzems, V. (2000). Review of *Child Sexual Abuse Curriculum for the Developmentally Disabled* by S. Rappaport, S. A. Burkhardt, & A. Rotatori (1997). Charles C. Thomas, Springfield IL. In *Developmental Disabilities Bulletin*, 27(2), 77-80.

Mansell, S., & Beattie, R. (1995). Review of Waitman, A., & Conboy-Hill, S. (1992) (Eds.) *Psychotherapy and Mental Handicap*. London: Sage. In *Developmental Disabilities Bulletin*, 23(1), 139-143.

Mansell, S., & Beattie, R. (1996). Review of Strohmer, D. C., & Thompson Prout, H. (1994) (Eds.) *Counseling and Psychotherapy with Persons with Mental Retardation and Borderline Intelligence*. Brandon, VT: Clinical Psychology Publishing Co., Inc. In *Developmental Disabilities Bulletin*, 24(2), 91-95.

Training Video

Mansell, S. & Sobsey, D. (1996). *Alone in a Crowd: A training video for therapists working with people with developmental disabilities who have been sexually abused.* Joseph P. Kennedy Jr. Foundation, Washington, DC and Health Canada.

Conferences, Teaching, and Workshop Presentations

One day presentation on the Guide to Better Living and one day presentation on Anxiety disorders and people with Intellectual Disabilities held in Chatham, ON June 21 & 22, 2011.

Keynote presentation for Family Respite Services in Windsor, ON held on June 24, 2011.

Presentation to PLAN Calgary: The Road Ahead Society on enhancing social networks to support mental health in people with developmental disabilities held on January 21, 2011 in Calgary, AB.

Presentation on providing therapy to adults and children with developmental disabilities who have been sexually abused held in Frankfort, Tennessee, held on December 2, 1010.

Half day presentation at Elves Developmental Centre in Edmonton Professional Development Day held on September 2, 2010.

Webinar for Safeguards on using documentation to assist respite workers held on March 29, 2010.

One day presentation on the Guide to Better Living held in Windsor, ON June 4, 2010.

Three day teaching contract for the Dual Diagnosis Program at Brock University in St. Catherine's, ON (May 31 to June 3, 2010).

One day presentation for Safeguards in Ontario "Deinstitutionalization and mental health concerns" held on November 20, 2009 in London, Ontario.

Evening presentation on November 18, 2009 for Parents on Safety for your son and daughter with developmental disabilities: Risk Reduction Strategies held in Barrie, ON

Two day consultation provided on the Persons with Developmental Disabilities (PDD) abuse reporting protocol and the Protection for Persons in Care Act: The Alberta Experience and lessons. Sponsored by Kerry's Place: A Centre for Autism held in Brampton on October 27 & 28, 2008.

Two day presentations for Safeguards in Ontario on abuse recognition and the Persons with Developmental Disabilities (PDD) abuse reporting protocol and treatment strategies for people with developmental disabilities held in Toronto on October 23 & 24, 2008. ***

One day presentation for CCDH Inc. on treatment strategies for children with developmental disabilities who have been sexually abused for Kristi House held in Miami, FLA on November 6, 2007.

Two day presentations for Safeguards in Ontario on the Guide to Better Living and Anxiety Disorders in People with Developmental Disabilities held in Ottawa on October 15-16, 2007 and in Toronto on October 18-19, 2007.

Two day presentations for Safeguards in Ontario on the Guide to Better Living and Anxiety Disorders in People with Developmental Disabilities held in Timmons on May 7-8, 2007 and in London on May 10-11, 2007.

Two day presentations for Safeguards in Ontario on the Guide to Better Living and the Treatment of Anxiety Disorders in People with Developmental Disabilities held in Toronto on November 9 & 10, 2006 and in Kingston on November 14-15, 2006.

One day presentation for Innovative Interventions Inc. on the Guide to Better Living on April 22, 2006 held in Edmonton.

One day presentation on Dual Diagnosis for the Okanagan Foster Parents Association held in Vernon on November 8, 2005.

Keynote presentation for Education Wife Assault and the Family Service Association of Toronto conference: Breaking New Ground Responding to Violence Against Women with Intellectual Disabilities held in Toronto on October 7, 2005.

One day presentation for Safeguards in Ontario on Differential Diagnosis and Trauma in People with Developmental Disabilities held in Timmons on September 30 and in Toronto on October 3, 2005.

Two day presentations for Safeguards in Ontario on abuse recognition and the Persons with Developmental Disabilities (PDD) abuse protocol and treatment strategies for people with developmental disabilities held in Toronto on December 1 & 2, 2004, in Kingston on May 5-6,

2005, in Kenora on June 9 & 10, 2005, in Timmons on September 28-29, and in London on October 4 & 5, 2005.

Professional Development full day presentation on Dual Diagnosis held in Red Deer on April 28, 2005.

Web conference presentations for ARC Riverside on providing therapy to people with developmental disabilities who have been sexually abused held in December 2004.

Presentation on FAS and Dual Diagnosis for the Springboard Centre in Calgary held on November 17, 2004

Red Deer Conference "Working together: Creating Opportunities" held on February 11, 2004. Two presentations on trauma and therapy.

Professional Development full day presentation on Dual Diagnosis held in Medicine Hat on October 16, 2003

Alberta Mental Health Teleconference Series. Multiple Presentations on June 19, August 14, December 4 and December 11, 2003 covering dual diagnosis and anxiety.

NADD Spring teleconference on accommodating treatment for people with developmental disabilities. Held on May 15, 2003.

Presentation on sexuality and people with developmental disabilities through WJS services in Wainwright, AB May 8, 2003

Two presentations on treatment considerations of child sexual abuse and developmental effects of trauma in people with developmental disabilities for the 9th National and 1st International conference on Abuse and Disability held in Riverside, CA on March 10, 2003.

Presentation with Dr. Nora Baladerian on treatment considerations of child sexual abuse in people with developmental disabilities at the 7th International Conference on Family Violence (held in San Diego held on September 24-28, 2002)

Two presentations on prevention and treatment considerations of abuse in people with developmental and physical disabilities for the Connecticut Department of Social Services held in Groton, CT on April 18, 2002.

Two presentations on treatment considerations of child sexual abuse in people with developmental disabilities for the 8th National and 1st International conference on Abuse and Disability (held in Riverside, CA on February 27, 2002).

Two presentations on treatment considerations and on the effects of child sexual abuse in children with developmental disabilities for the Dierdre O'Brien Centre in Morristown, NJ on November 16, 2001.

Teaching Sexuality Skills to People with Developmental Disabilities: A full day workshop for parents, professionals, and caregivers for the Bea Fischer Society (held in Vermilion, AB, March 27, 2001).

Children, Family and Communities: Nurturing Dignity and Respect Conference held in Prince George, BC, May 31, 1999. Presentation on treatment considerations and on the effects of child sexual abuse in children with developmental disabilities.

American Association on Mental Retardation, 121th Annual Meeting, held on May 27-30, 1997 in NYC, NY. One poster on therapy accommodations and one presentation on patterns of abuse.

Elizabeth Fry Society sponsored conference, Mosaic of Safety: Preventing and treating the sexual abuse of people with disabilities. Held in Kelowna, BC on May 7-9, 1997.

Presentations on treatment considerations and on the effects of child sexual abuse in children with developmental disabilities. The 13th Annual National Association of the Dually Diagnosed Conference held in Vancouver, BC on November 17, 1996.

Workshop presentation on considerations for providing treatment strategies. Paper presentation on abuse effects. 54th Annual Conference of the International Council of Psychologists. Presentation on providing therapy to survivors with developmental disabilities. Held in Banff, AB on July 27, 1996.

Saskatchewan Association of Resource Centres presentation on abuse prevention strategies for people with developmental disabilities. Held in Saskatoon, Sask. on June 8, 1996.

Supported Lifestyles of Calgary presentation on abuse prevention strategies for people with developmental disabilities. Held in Calgary, AB on May 3, 1996.

Calgary Family Service Bureau sponsored lecture on providing therapy to survivors with developmental disabilities. Held in Calgary, AB on March 20, 1996.

Training Workshop on Abuse Prevention Strategies for Professionals working with People with Developmental Disabilities. For the South Peace Community Resources Society. Held in Dawson Creek, BC on Dec. 15, 1995.

Training Workshop on Adapting Therapy for Survivors with Developmental Disabilities for the Provincial Association of Alberta Sexual Assault Centres. Held in Calgary, AB on November 6, 1995.

Calgary Family Service Bureau sponsored workshop on providing therapy to survivors with developmental and physical disabilities. Workshop with Debbie Reid of the Calgary SCOPE Society held in Calgary, AB on October 6, 1995.

The 103rd Annual Convention of the American Psychological Association, held in New York City, NY in August 11-15 1995. Two poster sessions covering sexual abuse sequelae and therapy accommodations by S. Mansell, D. Sobsey, & P. Sullivan, and S. Mansell, A. Zawallich, & R. Moskal, respectively.

American Association on Mental Retardation, 119th Annual Meeting, held on June 1-5, 1995 in San Francisco, CA. Panel presentation on sexual abuse sequelae in people with developmental disabilities.

Essex Association of Community Living sponsored workshop on adapting therapy for people with developmental disabilities who have been sexually abused. Held in Windsor, ON on September 8, 1994.

The 102nd Annual Convention of the American Psychological Association, held in Los Angeles, CA in August 12-16 1994. Poster session on Patterns of Sexual Abuse in Children with Developmental Disabilities by Mansell, S., Sobsey, D., & Zawallich, A. Presented by A. Zawallich.

Edmonton Board of Health Inservice on Sexual Abuse of People with Developmental Disabilities: Communication issues for health care professionals. Held in Edmonton, AB on June 16, 1994.

International Conference Prevention Solution: Imagine IV... A world safe for children, held in Toronto, ON June 12-15, 1994. Workshop titled Patterns of Abuse in Children and Strategies for Reducing Risk for Abuse.

Severe Handicaps Alliance for Public Education Conference "Shaping Each Other's Lives". Held on May 19, 1994 in Edmonton, AB. Workshop with Dr. N. Baladerian on sexual abuse treatment for survivors with developmental disabilities.

Tenth National Conference on Child Abuse and Neglect "Building Bridges to the Future". Held on Nov 30-Dec. 4, 1993 in Pittsburgh, PA. Workshop on sexual abuse prevention strategies.

International Symposium on the Medical, Legal and Ethical Aspects of Child Sexual Abuse held on June 22-25, 1993 at the Institute of Clinical Medicine in Tromsø, Norway. Presented one paper on sexual abuse of children with developmental disabilities and another on parental concerns and prevention with Dr. L. Wilgosh.

American Association on Mental Retardation, 117th Annual Meeting, held on June 1-5, 1993 in Washington, DC. Two panel presentations, and poster session on effects of sexual abuse on people with developmental disabilities, presented by Dr. D. Sobsey.

Fourth Annual Community Mental Health Retardation Services Convention, held on March 3, 1993 in Hershey, PA. Presenting on the effects of sexual abuse on people with developmental disabilities: treatment and prevention strategies. Ninth International Congress on Child Abuse and Neglect held on August 29-Sept 2, 1992 in Chicago, IL.

Presented co-authored paper on sexual abuse prevention strategies for children with disabilities. American Association on Mental Retardation, 116th Annual Meeting, held on May 26-30, 1992 in New Orleans, LA. Presented co-authored papers and a poster session with Dr.

D. Sobsey. Presentations on personal safety skills. Poster on effects of sexual abuse on children and adults with developmental disabilities.

Public Hearings for the Alberta College of Physicians and Surgeons committee on sexual exploitation in professional relationships held in Edmonton, AB. on April 28, 1992. Provided a response to the committee's preliminary report.

Israel Rehabilitation Society sponsored International Seminar on Sexuality and Disability, held on March 3-5, 1992 in Tel Aviv, Israel. Presented paper co-authored with Dr. D. Sobsey on Patterns of Sexual Abuse of People and a workshop on Abuse Prevention and Treatment with Dr. L. Wilgosh and Dr. A. Craft.

Registrar Tutorial and Seminar at the University of Nottingham Medical School, Dept. of Mental Handicap on February 28, 1992 in Nottingham, UK. Presented Abuse and Disability: A Research Study.

Volunteer

November 1995 to June 1996: Consultation/Co-facilitation. Developed, co-facilitated a 15 week sexuality training group for adults with developmental disabilities.

December 1994 to Aug. 1995: Advisory Committee Member. Technical Resource Centre: Society for Technology and Rehabilitation. Development and evaluation of End the Silence Project.

Feb. 1994 to 1998: Advisory Committee Member. Alberta Association of Community Living, Special Project on Issues of Sexual Assault for Persons with Disabilities. Involved in advocacy for additional training opportunities for professionals and increasing accessibility and availability of treatment services for people with disabilities who have been sexually abused.

June 1991 to August 1991: Group Co-facilitator. Counseling Program, Sexual Assault Centre of Edmonton (SACE). Conducted and co-facilitated a 14 week group.

Media Interviews

Interview on abuse and disability and mental health services with Brian Labby, CBC television February 2011.

Interview on abuse of people with developmental disabilities and therapy access. adaptations with Paul Vasey, CBC radio in Windsor, ON, on Sept. 8 1994.

Interview with Allison Jeffs (Calgary Herald) on reporting problems concerning abuse and disability and complainant protection legislation, on Sept. 8, 1993.

Interview on abuse and people with disabilities with Ted Williamson, CHQT AM Radio, on Sept. 25, 1992.

Interview on abuse and disabilities, CFRN FORUM television, June 29, 1992.